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[www.polartechnology.co.uk](http://www.polartechnology.co.uk)

**EYNSHAM ROADRUNNERS PRESENT**

 The **31st** **Polar Group Eynsham 10K**

Incorporating the 10k county championship and the final Oxon Grand Prix eventand 1 mile Fun Run

**Sunday 25th November 2018**

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| With chip timing for 10k entrants |
| * T-shirt to all 10K finishers
* Trophies and prizes
* Free car parking
* Changing and showers
* Refreshments
* Sports goods stall
* Entries closes when full (usually within 3 weeks)
* Race limit **600**
* Not suitable for wheelchairs or pushchairs
* No dogs
 | £100 bonus for new course record – Mens and Ladies+ £100 for 1st sub 30min Man1st sub 34min Lady**Previous best times:**WOMAN: P. Fudge (34.26) 1991MAN: D. Long (30.21) 1994 |

10.00am at BARTHOLOMEW SCHOOL, EYNSHAM, OXFORD. OX29 4AP

**How to enter**

**10k** entries are taken online through Runbritain.com

Visit our website for the link to enter [www.eynshamroadrunners.org.uk](http://www.eynshamroadrunners.org.uk)

Entries will open on Monday 17th September 2018.

Please note this Race fills up VERY quickly and there is no waiting list / reserve list available

Entry fees Affiliated £13.00 Unaffiliated£15.00

Once entered we cannot provide refunds.

**Eynsham Dental Care Fun Run**

An entry form for the 1 mile Fun Run can be downloaded from our website from Monday 1st October 2018