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**EYNESHAM ROADRUNNERS PRESENT**

## The **29<sup>th</sup>** Polar Group Eynsham 10K

Incorporating the Oxfordshire 10K County Championships  
the final 2016 Oxon Road Race Grand Prix event  
and the Eynsham 1 mile Fun Run

**Sunday 27th November 2016**

10.30am at BARTHOLOMEW SCHOOL, EYNESHAM,  
OXFORDSHIRE OX29 4AP

### Now with chip timing for 10K entrants

- T-shirt to all 10K finishers
- Trophies and prizes
- Free car parking
- Changing and showers
- Refreshments
- Sports goods stall
- Entries close **20<sup>th</sup> November**
- Race limit 600 (limit reached in last 14 years)
- Not suitable for wheelchairs or pushchairs
- No dogs

£100 bonus for new course record –  
Mens and Ladies

+ £100 for 1<sup>st</sup> sub 30min Man  
1<sup>st</sup> sub 34min Lady

**Previous best times:**

WOMAN: P. Fudge (34.26) 1991

MAN: D. Long (30.21) 1994

### How to enter

This year all **10k** entries are to be taken online through [runbritain.com](http://runbritain.com)

There will be no postal entries

Visit our website for the link to enter: [www.eynshamroadrunners.org.uk](http://www.eynshamroadrunners.org.uk)

Entries will open on **15th September 2016**

Entry fees	Affiliated	£13.00
	Unaffiliated	£15.00

### Fun Run

An entry form for the 1 mile Fun Run can be downloaded from our website